



Allyn Mitchell Evans, Stillwater, OK

Trainer and consultant Allyn Evans is a career advocate for girls and women. She has served as a Gender Equity Coordinator and Career Counselor at a Texas community college where she worked with nontraditional and under-represented students. She was executive director of two nonprofits serving children and families and is an experienced grant writer who has secured over half a million in funding for various causes. Evans first book, *Grab the Queen Power*, published in 2005, evaluates how cultural messages negatively influence a woman's choices using interviews from 50 women. A certified Toastmaster, Evans regularly speaks to female audiences with programs that give women and girls a new story to follow. Most recently, she provided professional and personal training for students enrolled in GirlTech programs at Oklahoma Career Technology Institutions.

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Workshop Topics:

Train the Trainer: Creating and Delivering Persuasive Presentations to Parents, Mentors and Community Members

In this workshop participants will learn how to create and deliver dynamic presentations to secure support for programs and/or to recruit mentors and students. They will learn methods to help overcome the fear of public speaking, improve overall delivery, and prepare dynamic presentations including how to effectively create PowerPoint presentations. Participants will learn how to include

powerful stories with an emphasis on creating attention-keeping programs designed to persuade audiences.

Audience: Perfect for state team leaders, coordinators, administrators, project coordinators. This workshop is ideal for anyone who will be charged with creating and delivering persuasive presentations on behalf of STEM projects and participants.

Format: Workshop includes individual activities, discussion, demonstration and lecture.

Length: 3 hours (for presentation). For practical experience and evaluation this workshop can span several days. Other options include training an individual to facilitate a weekly training for members to help them overcome presentation fears and create presentations for targeted audiences.

Creating Personal and Professional Development Programs for Stem Students: Ways to Support Girls and Women in STEM

Workshop participants will leave workshop with a fully developed curriculum to provide soft-skills training for STEM students. Participants will receive eight one-hour programs (with corresponding PowerPoint presentations, lecture notes and exercises) to be delivered over the course of an academic year. Sample topics include: mentor/mentee introductions, networking, workplace etiquette, decision making, assertiveness, and public speaking training. Presentations can be altered by attendees to fit the needs of their target audience. Created by Linda Allen and Allyn Evans and presented to participating Oklahoma GirlTech Programs.

Audience: Ideal workshop for counselors, STEM counselors, and project coordinators. Could address K-12 students as well with minor alterations.

Format: Lecture, group activities and discussion.

Length: 1-2 hours.

Establishing and Monitoring Successful Mentoring Programs for STEM students.

This workshop offers a step-by-step guide for establishing a volunteer-based mentoring program for STEM students. Participants will develop a plan to locate, recruit, train and retain mentors. Additionally all participants will learn how to establish communication between mentee and mentor while understanding how to effectively monitor interactions. The workshop will include best practices.

Audience: Ideal for project coordinators and any other personnel charged with establishing a mentoring program for STEM projects

Format: Lecture, group discussion and hands-on activities.

Length: 1-2 hours.

Socialization of Adolescent Girls Today: Teaching Girls and Women How to Overcome their Training.

Using qualitative data, participants will explore both fairy tales (which exemplify the traditional archetypes of women's roles), real-life experiences of other females and theory, including but not limited to, Carolyn Heilbrun, Alice Miller, Marion Woodman and Mary Pipher. The workshop offers a way for students to understand society's impact on women in gender role development while delving heavily into the roles media and the Internet play in shaping our girls today. Participants will receive a prepared PowerPoint presentation and lecture notes to use to repeat the presentation to other audiences.

Audience: Ideal for counselors, STEM Teachers, STEM Project Coordinators

Format: Lecture, discussion, small group activities

Length: 1 to 2 hours.

Selected Publications:

Beyond Ophelia: Socialization of Pre-Adolescent Girls Today (expected publication date: 2008)

Wrote book for mothers of pre-adolescent girls—currently in the editing process. Interviewed educators, counselors, girls and mothers.

Grab the Queen Power (2005)

Allyn Evans wondered why, with all her advantages, she never felt like a powerful force in her own life. She searched for answers. Her search took her back to her hometown and the culture she was raised in. Evans talked to many women, read many books, and discovered she wasn't the only one wondering why a woman usually comes last in her own life. Evans explains, "I heard the messages we were given and believed. And I realized there must be a better way...for us, for the culture, for our children." *Grab the Queen Power* is the first step on the journey to find a better way.

Article—

How Ordinary People Can Perform Unthinkable Acts (2007) Amazon Shorts publication

<http://www.amazon.com/Ordinary-People-Perform-Unthinkable-Acts/dp/B000PAU32U>

After serving on a jury in her hometown for a meth case, Evans had so many unanswered questions. The twelve members of the jury had agreed the defendant committed two crimes. The evidence was solid, so why, weeks later, was she tossing and turning at night? The sentence. Though they had followed the recommendation of the D.A., the jury had been unjust. Evans needed to understand how twelve intelligent and caring people could be led so harshly astray. She found the answer reflected a much larger picture of a very human and often disastrous need to accommodate authority.

Editor—

Queen-zine. Editor of newsletter for QueenPower.com subscribers. Wrote weekly articles for an international community of 500+ encouraging and supporting women in personal and professional endeavors (2004 to 2006).

Contracts:

GirlTech Programs at Oklahoma Career Technology Centers: Caddo Kiowa, Canadian Valley, Gordon Cooper, Meridian, Moore Norman and Metro.

Northern Oklahoma College, Oral Communications Instructor

Nonprofits: Literacy Coalition of Lubbock, Women's Protective Services, Court Appointed Special Advocates and Respect Diversity Foundation Speakers' Bureau

Career Technology Education Equity Council, Presenter at national conference

Qualifications:

MBA, Texas Tech University
BA in Psychology, University of Mississippi
Certified Toastmaster (Competent Toastmaster, CTM)
Certified Résumé and Career Consultant (PARW/CC)

Member:

Toastmaster International, Member/Officer, 1987 to 1989, 2000 to 2002, 2005 to Present

American Association of University Women, Member (while Equity Coordinator/Counselor)

Catholic Family Services Single Parent Project, Board Member, 1999 to 2001

PCC, Housing Authority Single Parent Project, Advisory Board Member, 1999 to 2001

Women's Empowerment Board, Advisory Member, 1999 to 2001

Directors of Volunteers in Agencies (DOVIA), Member, 1997 to 1999